



Wellbeing/Activity Assistant

We are looking for a motivated, confident, inspired and creative Wellbeing Assistant to join our amazing, inspiring and fabulous Wellbeing Team.

The Cote Charity (Katherine House/Griffiths House) welcomes you to come and join our fantastic team!

As part of this position, your role would be to:

- Work with elderly people and those with dementia to challenge the traditional stereotype of a care home and create special and amazing memories and moments that they and their loved ones can cherish
- Provide fresh exciting ideas for internal and external events to improve wellbeing and quality of life for the residents
- Be engaging and confident facilitating your own daily group activities in either care home
- Spend meaningful 121 moments with residents and inspire them, having great ideas to stimulate interest and improve social engagement on a 121 or in a group setting
- Support residents to build connections with volunteers and external organisations in the community, to benefit the residents
- Bring smiles and sunshine to everyone by dressing up in fabulous and funny costumes, encouraging staff and residents to participate in the events, some of which will be seasonal to bring laughter and joviality inspiring others to join in as much as possible

We are looking for an upbeat and motivated person who thinks outside of the box who has an engaging smile, who is inspired to make a difference and a positive impact to our residents' lives. Ideally you need to be a fun creative and a 'people person', you will be adaptable and willing to try new things. You should be open to learning from the residents' requirements, their hobbies, likes and dislikes and learn from the other wellbeing assistant and coordinator.

Be flexible during activities with an approachable, adaptable and 'have a go' attitude.

- You would be working alongside the Wellbeing Coordinator and another Wellbeing Assistant to create high quality and stimulating weekly programme of activities and events including external trips to lots of lovely, interesting places. We are a friendly and supportive, fully inclusive team, looking for that special someone to join in with all the fun!
- You need to be IT literate and able to use new technology for use in activity sessions.

Please have a look at our Instagram to see some of the imaginative and amazing things we get up to: [@cotecharity1](#)

On-site parking, wellness programme, full support from management, supportive wellbeing team, paid holiday and after one year of service entitlement to company sick pay and a recognition/reward scheme.

- 25 - 30 hours a week including 1 Saturday in 3 and possibly alternate Tues or a Thurs evening as we have social club twice weekly.